

Kansas nursing students,

We are nursing students at the University of Kansas School of Nursing reaching out to you all with warm intentions of spreading the mission of the Kansas Center for Cultural Competency Advancement (KCCCA). The goal of this organization is to promote culturally competent care in nursing by providing nurses and nursing students with a virtual resource forum that strives to increase health equity at all levels through values such as diversity, inclusion, and social justice.

Culturally competent care is becoming increasingly relevant due to the globalization and migration of populations. As a result, this may not only expose nurses to patients with various cultures, but also involve nurses with unique cultural backgrounds. It is essential that cultural competence be addressed before entering the nursing workforce to establish a foundational understanding of cultural diversity. The KCCCA will feature a virtual forum that will provide nurses and nursing students with a judgment-free space to ask questions and gain information in regards to culturally competent care. By providing care that is appropriate and sensitive to the encountered cultures, nurses can ensure that they are providing holistic, patient-centered care.

For our project, we are networking with five central critical access locations that we feel will help to promote and spread KCCCA's mission throughout the state of Kansas.

Attached to this document, you will find that we have provided you with a tool kit containing the following pieces of information to encourage your students, faculty, and staff to be involved:

- A brief description of the mission of the KCCCA
- The definition and importance of cultural competency
- Example messages to be promoted via Facebook, Twitter, and other social media platforms.

Please let us know if you have any questions or concerns regarding our project.

Sincerely,

University of Kansas School of Nursing Senior Class Representatives,  
Anna Elliott, Meghan Fitzgerald, Dilnoza Hamraeva, Jenae Harmer, Jeffrey John Javier, Thierry Tchiengue, and Quynn Scaramucci

# KCCCA Toolkit

The Kansas Center for Cultural Competency Advancement

## Our Mission

To promote a culturally competent healthcare workforce to optimize the health of Kansans



## Our Vision

A healthcare workforce that values diversity and provides holistic, person-centered care to all individuals, families, communities and populations

## Visit us:

Website:  
<http://www.kccca.org/>

Sign up for newsletter: Get the latest webinar announcements, blog posts, resources and more.

Facebook: Kansas Center for Cultural Competency Advancement

## Our Goal

The overall intended outcome of this project is to network with nursing schools within critical access points throughout Kansas in order to promote the KCCCA virtual cultural competency center and further enhance the involvement of nursing students in the forum. It is essential that culturally competent care is addressed before entering the nursing workforce to establish a foundational understanding of cultural diversity. It is not expected that participants become completely culturally intelligent, however, this forum may serve as a resource that enhances cultural sensitivity and professional relationships. This action contributes to the widespread knowledge of culturally competent care, and opens the opportunity for healthcare professionals to continue cultural education in the ever-changing population.



# 10 Guidelines for Implementing Culturally Competent Nursing Care

## **1. Knowledge of Cultures**

Nurses shall gain an understanding of the perspectives, traditions, values, practices, and family systems of culturally diverse individuals, families, communities, and populations they care for, as well as knowledge of the complex variables that affect the achievement of health and well being.

## **2. Education and Training in Culturally Competent Care**

Nurses shall be educationally prepared to provide culturally congruent health care. Knowledge and skills necessary for assuring that nursing care is culturally congruent shall be included in global health care agendas that mandate formal education and clinical training, as well as required ongoing, continuing education for all practicing nurses.

## **3. Critical Reflection**

Nurses shall engage in critical reflection of their own values, beliefs, and cultural heritage in order to have an awareness of how these qualities and issues can impact culturally congruent nursing care.

## **4. Cross-Cultural Communication**

Nurses shall use culturally competent verbal and nonverbal communication skills to identify client's values, beliefs, practices, perceptions, and unique health care needs.

## **5. Culturally Competent Practice**

Nurses shall utilize cross-cultural knowledge and culturally sensitive skills in implementing culturally congruent nursing care.

## **6. Cultural Competence in Health Care Systems and Organizations**

Health care organizations should provide the structure and resources necessary to evaluate and meet the cultural and language needs of their diverse clients.

## **7. Patient Advocacy and Empowerment**

Nurses shall recognize the effect of health care policies, delivery systems, and resources on their patient populations, and shall empower and advocate for their patients as indicated. Nurses shall advocate for the inclusion of their patient's cultural beliefs and practices in all dimensions of their health care.

## **8. Multicultural Workforce**

Nurses shall actively engage in the effort to ensure a multicultural workforce in health care settings. One measure to achieve a multicultural workforce is through strengthening of recruitment and retention efforts in the hospitals, clinics, and academic settings.

## **9. Cross-Cultural Leadership**

Nurses shall have the ability to influence individuals, groups, and systems to achieve outcomes of culturally competent care for diverse populations. Nurses shall have the knowledge and skills to work with public and private organizations, professional associations, and communities to establish policies and guidelines for comprehensive implementation and evaluation of culturally competent care.

## **10. Evidence-Based Practice and Research**

Nurses shall base their practice on interventions that have been systematically tested and shown to be the most effective for the culturally diverse populations that they serve. In areas where there is a lack of evidence of efficacy, nurse researchers shall investigate and test interventions that may be the most effective in reducing the disparities in health outcomes.



All of these posts are believed to be less than the tweet limit, and may be used in all social platforms (Facebook, Twitter, and other social media websites).

**ATTENTION ALL HEALTHCARE PROFESSIONALS!!!**

Are you interested in providing care to your patients that is culturally inclusive? Please follow this link to our website that discusses important topics in regards to culture, inclusivity, and much more! Visit [kcca.org](http://kcca.org) for more information.

Nurses and Student Nurses! Please join us in learning more about the Kansas Center for Cultural Competency Advancement's mission in promoting diversity, inclusion, and social justice in the healthcare environment. Follow this link for more information: [kcca.org](http://kcca.org)

Sharpen up your cultural knowledge and apply it to your practice by learning about the Kansas Center for Cultural Competency Advancement's mission for cultural competent care! Follow @KSCCCA and visit [kcca.org](http://kcca.org)

CALLING ALL NURSES AND NURSES-TO-BE. Would you like to learn about how to provide culturally competent care? Follow @KSCCCA and be exposed to important pieces of information that discusses this important barrier to care.

Culturally competent care is a necessity when providing nursing care to patients. You, too, can do this by visiting [kcca.org](http://kcca.org) to learn more about the values of diversity, inclusion, and social justice! Follow @KSCCCA